

Chair's report for the next general meeting - Sat 28th September

Aida Alayarian is acting-chair of CPJA. The following is an extract from her current chair's report:

- Since the meeting in June the Exec has continued to discuss preparations for the EGM on 23rd November. Several people have expressed an interest in standing for election to the executive committee, and a formal Call for Nominations will be sent out again to all members in due course.
- The Supervision Working Group's draft guidelines as to how members can apply for the CPJA route onto the UKCP Directory of Supervisors have been discussed at recent General Meetings and approved. OMs and the College are now preparing procedures to put forward OM members and direct members respectively.
- Quinquennial Reviews: CPJA has a busy programme of QR visits and there are seven more to be undertaken over the next few months. The Training Standards & Membership Committee is concerned that the volume of visits to be undertaken for all Colleges is likely to mean that several QRs will need to be postponed.
- Ethics Committee is reviewing its process of dealing with complaints against OMs, and would like to discuss the possibility of developing a code of ethics and a complaints procedure.

For a full version of Aida's report, login to our website and then click [here](#)



Members can now apply to get on the UKCP directory of approved supervisors

CPJA now has [Guidelines](#) for approving College applications to the UKCP supervisors directory - find out more about the directory [here](#).

The [CPJA Supervision Statement](#) has been approved and those members of CPJA who are working as supervisors may now apply to be included in the UKCP Directory. This will include those applying through the grand-parenting process.

Organisational Members (OMs) will approve their own members' applications for inclusion in the Directory. CPJA will approve those registrants who are Direct Members (DMs).

For Direct Members, a group of DMs is forming to develop a procedure for approving applications. If you want to join this group or want to know more about it, contact [Joe Stuart](#).

If you are interested in helping formulate and/or administer the procedure for approving applications via OMs, contact any member of the Executive or Training Standards committee.

Get involved in the work of the CPJA and the UKCP at a crucial time for shaping the future of our professional landscape

The College needs more members to get involved in its work. Over the last few months, we have several new members joining the executive committee, and a renewal of energy is in the air - in the areas of clinical research; college conferences; the politics of PSA regulation; our own policies on the supervision directory, CPD, 5-year re-accreditation, direct membership; building a decent ethics culture and complaints process within UKCP.

But we need more people on our own committees and working groups, and representing us on UKCP committees.

We still have no Chair, no chair of the Training Standards and Membership Committee, we need more members on the Ethics Committee.

For news of our **EGM and Elections on 23rd November**, see below.

Welcome to the new website and newsletter for members of CPJA

Our new website is being launched with this newsletter. Visit it at www.cpja.org.uk and get in touch if you can't log in to the members' area. 150 members have already been in touch for log-in details.

We have put a lot of work into the Find a Therapist function. There are still decisions to make. Do we want to offer the public our CPJA labels - do they mean anything? Should we just differentiate psychoanalytic and Jungian? Should we instead offer people a short personal statement from the therapist about their work - now available on the UKCP site?

As CPJA supervisors join the UKCP supervision directory, we will add a Find a Supervisor function. See news here about applying to go on the directory.

We want the site to be lively and up to date on news, events, opinion and publication notices/reviews.

Your contributions are very welcome and really important to the success of the site. Send us your thoughts on everything CPJA, UKCP and psy-field. Use the members' forum to start discussions.

There is a document library for CPJA/UKCP policy documents. Visit the ["Next Meeting"](#) section from the members' area front page for full details on CPJA general meetings - agendas, minutes, reports and supporting documents. We aim to have them available at least two weeks before each meeting.

At the moment we are aiming at two newsletters a year to all members, linked to and archived on the website.

We need more people to join the editorial group. At the moment, we are: Paul Atkinson, Isobel Urquhart and Jane Nairne (administrator). Get in touch via the site's contact page.

A Putney debate on changing the constitution of the CPJA?

Andy Cottom (FPC delegate)

Back in 1647, towards the end of the Civil War, members of the Parliamentarian forces met by the banks of the Thames at St. Mary's Church in Putney to discuss the make-up of a new constitution for England. Many of the speakers there were members of the Levellers movement who sought universal suffrage - One man, one vote. The Levellers originally called themselves Agitators, working within the regiments of the New Model Army to campaign for a sovereignty of the people in which the authority of government would be both created and maintained by the consent of its people – albeit in those days only male.

It seems that there is a parallel debate going on in UKCP and its colleges as to the where the authority of government lies today. In 1647, the choices were between the King who claimed divine right for his authority, Members of Parliament who were usually elected by their peers, and the people. Today it seems to be between Individual Members, OM delegates,



CPJA executive, UKCP and the PSA. The recent decision by UKCP to bring Individual members under its Complaints and Conduct Process regardless of their OM's stand, will surely add fuel to the fire that has been smouldering for the past few years over the rights of Individual Members.

Within CPJA, much of the discussion to date has focussed on the differences between our members who are represented by one of our Organisational Members and those individuals who are unaffiliated or Direct Individual Members.

There are a number of points of concern but they appear to be concentrate in three areas. The first of these raises the issue of reaccreditation and the maintenance of professional standards. Currently it is our OMs who monitor the CPD requirements of their members, most having their own individual code of ethics and complaints procedures. It is CPJA who carries out quinquennial reviews to ensure that each OM meets with the standard that the college and UKCP require. The question now is how to guarantee that our non-affiliated members also adhere to these standards. Should there be a similar protocol to the new Complaints and Conduct Process where all Individual members, affiliated to an OM or not... [more on the website here](#)

EGM and Postponed Elections to the Executive Committee - Saturday 23rd November

Before our Spring AGM it became clear that our procedures for inviting and approving nominations for the Executive Committee needed reviewing. The [proposed changes](#) will be discussed at our September meeting. We will then be inviting nominations for election to the Exec. If you are interested, take a look at the 'job specs' [here](#), and consider putting your name forward.

Some Thoughts on Regulation under the PSA

Sian Ellis

As we await the outcome of the UKCP's application for Voluntary Assured Regulation (VAR) under the Professional Standards Association (PSA – previously the Council for Healthcare Regulatory Excellence, CHRE), it is worth reflecting on how this might impact our professional lives. I offer some thoughts as an individual registrant who has also had experience of participating in the UKCP's organisational processes as a delegate, a committee member and as a Trustee at various points.

Read more from Sian on this central issue [here](#)



Research in the CPJA

Isobel Urquhart, chair of the research committee makes two proposals to develop interest in research among CPJA practitioners:

- A research conference in March, 2014 on resilience and vulnerability in ourselves, our patients, in mental health policy and the wider society
- A new Special Interest Group on critical thinking

Read more from Isobel [here](#)

The limits of democratic process in the CPJA and the UKCP, and its implications for our regulatory future.

Paul Atkinson

- Isn't it time to enfranchise all our members, and invite some new life?
- What impact will [Bulletin 22](#) have on CPJA? Will it be the final straw in a historically fractious relationship? Is it the decisive move UKCP and CPJA needs?
- Does it matter whether UKCP values democratic participation in establishing its regulatory identity?

Read this contribution and leave your comments [on the website here](#)

To write your own opinion piece for the next newsletter, contact us through the website.

Come along to the next CPJA Meeting: 28th September 12-4pm Refugee Therapy Centre, 1A Leeds Place, Tollington Park, London N4 3RQ All members welcome (non-delegates please let our Administrator know you are coming - jane@nairne.com)