

Council for Psychoanalysis and Jungian Analysis

14 APRIL 2018
12.30am - 2.45pm
Resource for London
356 Holloway Road
London N7 6PA

- 12.30 Lunch
- 13.15 **Niki Reeves: Are the streets too dangerous? Counselling the homeless where they live.**
Working on the streets of Southampton gave the opportunity to examine and question the boundaries that are the tenets of our work.
- 13.35 **Dorothee Bonnigal-Katz: Psychosis Therapy Project: A Psychoanalytic Project in the Community.** The Psychosis Therapy Project (PTP) was founded in 2013 with a view to offering long term psychoanalytic therapy to people with an experience of psychosis. Since then, the PTP has been operating at Islington Mind and a pilot was launched in South London in early 2017 under the auspices of Lambeth & Southwark Mind. This presentation offers to discuss the benefits and the challenges of running a specialist psychoanalytic project in the community in the current economic and political climate.
- 14.00 **Katrina Ashton: The challenges of delivering psychodynamic psychotherapy in a secure setting.** This session looks at two aspects of the work in a forensic setting, firstly the relationship to the service users and secondly the relationship to the institution. Though some clinical material will be used this is an examination of the organisational defenses against the delivery of psychodynamically informed work.
- 14.25 Plenary Session: opportunity for discussion and debate with the speakers
- End of Conference
- 14.45 - 15.00 Refreshments and Arrival of Delegates
- 15.00 – 16.00 CPJA AGM

There is no charge for this event. Please RSVP to cjiacollege@gmail.com

Brief Biographies of Speakers

Katrina Ashton is a psychoanalytic/ psychodynamic psychotherapist (UKCP/ CPJA) and a registered midwife (NMC). She works in the NHS as a specialist midwife for maternal mental health (SMMMh) at Medway NHS FT, where she provides assessment of personal and family needs and signposting to appropriate services for mothers with psychological difficulties. She provides a time limited integrated and integrating intervention in pregnancy for mothers with general anxiety disorder (GAD) called PRANX, aiming to help women develop skills to manage their anxiety and assimilate their sometimes defended, divided selves in preparation for the baby. She works as a psychotherapist in an NHS medium secure forensic service and in private practice. with young person's with complex needs in an offending institution for males 15-18 years.

Dorothee Bonnigal-Katz is a psychoanalyst and a translator. She is a member of the Site for Contemporary Psychoanalysis, UKCP, CPJA and CP-UK. She is the founder and clinical lead of the *Psychosis Therapy Project*, a specialist psychoanalytic therapy project for people experiencing psychosis. Her work as a translator includes a number of psychoanalytic texts such as Dominique Scarfone's *Laplanche: An Introduction* (2015) and *The Unpast: The Actual Unconscious* (2016). Her latest translation, Laurence Kahn's *Apathy, Psychoanalysis and the Postmodern Patient* is due to come out later this year in the New Library of Psychoanalysis series (Routledge).

Niki Reeves: After 10 years as a Behavioural Scientist in industry, Niki began a career in clinical practice. Niki trained as a Psychodynamic Counsellor in the early 90's and then as an Attachment Based Psychoanalytic Psychotherapist at The Bowlby Centre in London.

Niki has been in clinical practice for more than 20 years and has a full private practice working in Southampton, is a qualified Supervisor, and is a senior lecturer in counselling at Basingstoke College. In addition Niki runs workshops on Attachment Theory and Practice across the UK.

With experience as a member of the Ethics Committees of both the Bowlby Centre, and the UKCP Niki enjoys being part of the organisations that form the foundation of the psychotherapeutic community.

Following a term as 'Head of Counselling' at Southampton Counselling, Niki began writing for publication, having her first piece published in 2014.